

# COVID-19 Protocols for Staff and Students

## Quick Guide



### Encouraging Prevention Practices - Hygiene and Sanitation

Staff and students are encouraged to utilize prevention practices to keep our environments safe. This includes:

- distancing from others when possible
- washing hands frequently with soap or hand sanitizer (after going to the bathroom, before eating, after blowing your nose, coughing, or sneezing, and after touching surfaces in commonly used areas and/or touching shared items)
- routine sanitation of classrooms and workspaces



### Self-Screening

Staff and students should self-screen for symptoms before arriving on site. If they do have symptoms consistent with COVID -19, they should contact the school site and/or supervisor accordingly. Those with symptoms must follow **Return After Symptoms** or **COVID-19 Positive Protocols** accordingly. Symptoms include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea



### Returning After Symptoms

Staff and students may return to school after symptoms of COVID-19 when ALL criteria below have been met (regardless of vaccination status):

- 24 hours fever free without using fever reducing medication **AND**
- Improvement in symptoms **AND**
- COVID-19 negative test (PCR or \*antigen) **OR** different diagnosis by medical provider **OR** 10 days have passed since the onset of symptoms, returning on day 11



### Testing

- Antigen test kits are available at school sites as needed
- \*Antigen tests that are being used to return to school must be observed by school site personnel, or obtained through a testing location such as Heal 360

*This sheet is a summary of all current protocols. For details of recommendations, please visit the links located in the Links section. At times such as during high-transmission periods, Ripon USD may need implement additional guidelines.*

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### Isolate or Quarantine

#### COVID-19 Positive

Individuals with a COVID-19 positive test must **Isolate**. Please notify school site and/or supervisor and/or HR accordingly. May return when:

- 5 days have passed since symptom onset or positive test date, returning on day 6 AND
- Has received a negative test result collected on day 5 or later AND
- No fever is present without fever-reducing medication AND
- Other symptoms have improved/ are resolving AND
- Recommend to wear a mask when around others, especially indoors for 10 days
- OR 10 days have passed

Note: Day 1 is the day after a positive test was taken, or the day after symptoms began (whichever was first). The follow up test recommended for this scenario is an \*antigen test.

#### Exposed to COVID-19 (\*close contacts)

**Quarantine** is no longer required for close contacts.

- \*Close contacts are identified as individuals who have had at least 15 cumulative minutes of exposure within 6ft of a positive individual in a 24-hour period.
- Testing is recommended 3-5 days after exposure
- Recommend to wear a mask when around others, especially indoors for 10 days
- If symptoms develop, test and follow **Returning After Symptoms/COVID-19 Positive Protocols** accordingly



### Communication

- Families should notify school site office personnel of any positive household case or student case, as well as any symptoms to determine if they must stay home
- Families will receive notification if a positive case has been identified in their child's classroom, based on the CDPH group tracing method (linked below)
- Staff should notify their administrator/supervisor of any symptoms, positive case, or exposure to determine next steps
- If a staff member is identified as a \*close contact to a COVID-19 positive individual, they will be notified by their administrator/supervisor
- All RUSD staff will receive worksite notice updates via district email identifying when a positive case was last on site



### Links

- [California Department of Public Health K-12 School Guidance](#)
- [California Department of Public Health Group Tracing Approach](#)
- [California Department of Public Health Isolation and Quarantine](#)

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